

John Keble School Lunch Menu – Summer/Autumn 2026					
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Macaroni Cheese (G-w,M)	Chicken Sausage Served with Mashed Potato & Gravy (G-w,G-B,Sb)	Roast Chicken served with Roast Potatoes & Gravy (G-w,G-B,Sb)	Chicken Curry served with Basmati Rice and Naan Bread (G-w)	Fish Fingers served with Chips (F, G-w)
Main Dish	Chickpea Dhal with Steamed Rice 	Brazilian Curry with Rice 	Cheese and Onion Pie (G-w,M) 	Vegetarian Shepherd's Pie (M) 	Indian Style Vegetable Parcel (G-w) served with Chips 
Vegetable	Choice Of Seasonal Vegetables Served Daily				
Dessert	Cut Fresh Fruit Selection Or Yoghurt (M)	Strawberry Jelly	Chocolate Krispie Cake (M)	Carrot Cake with Cream Cheese Frosting (G-w,E,M)	Cut Fresh Fruit Selection or Yoghurt (M)
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Margherita Pizza (homemade five vegetable tomato sauce) Served with Baked Paprika Wedges (G,M,Ce)	Chicken Pie with Mashed Potatoes (G-w,M)	Minced Beef Cobbler served with Potato Wedges (G-w)	Chicken Meatballs with Penne Pasta served with French Bread (G-w)	Cod or Salmon Fish Fingers (F,G-w) Served With Chips
Main Dish	Vegetable and Lentil Byriani 	Jamaican Style Vegetable Pattie Served with Mashed Potato & Gravy (G-w,G-B,Sb) 	Creamy Mushroom Pasta (G-w,M) 	Vegetable Pie Topped with Root Vegetable Mash (Ce) 	Chickpea, Tomato and Spinach Curry served with Rice (G-w) 
Vegetable	Choice Of Seasonal Vegetables Served Daily				
Dessert	Cut Fresh Fruit Selection or Yoghurt (M)	Apple Sponge & Custard (G-w,E,M)	Lemon Drizzle Cake (G-w,E,M)	Vanilla Ice Cream (M)	Cut Fresh Fruit Selection or Yoghurt (M)
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Penne Pasta with Five Vegetable Sauce (Ce, G-w)	Sticky Chicken (Sb) Served with Diced Potatoes	Minced Beef Lasagne (G-w,M)	Jerk Chicken Served with Rice and Peas	Cod or Salmon Fish Fingers (F,G-w) Served With Chips
Main Dish	Roasted Vegetables Served with Couscous (G-w) 	Cheese and Egg Quiche (M,E,G-w)  served with Steamed New Potatoes	Veggie Chilli with Steamed Rice and Nachos 	Tuna Pasta Bake in Tomato Sauce (F,G-w) 	Homemade Vegetable Samosa (G-w) With Chips 
Vegetable	Choice Of Seasonal Vegetables Served Daily				
Dessert	Cut Fresh Fruit Selection or Yoghurt (M)	Chocolate Cake with Chocolate Sauce (G-w,E,M)	Raisin Flapjack (G-o,M)	Apple Crumble with Custard (G-w,M)	Cut Fresh Fruit Selection or Yoghurt (M)
Daily Options: Filled Jacket Potatoes with A Selection Of Fillings, Freshly Prepared Salads And Chilled Water A Selection of Seasonal Fruits And Yoghurts Are Available Daily					